



Pleiadian-Earth Energy

September-October 2024 Making the Most of Retrogrades

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This autumn and winter bring more planetary retrogrades with challenges and unexpected changes in our lives. But retrogrades are not to be dreaded (in spite of Mercury's reputation for retrograde chaos). Retrograde periods are chances to review our lives and change what does not work. They provide the perfect opportunity to go inward and reevaluate how we see and interact, changing and rebalancing where necessary. During September and October, retrograde influences vary from five to six planets at a time. Here is a brief summary of some of what each planet is calling us to examine:

Pluto – self- transformation

Saturn – our structures and foundations

Neptune – our spiritual ideals and our addictions

Chiron – what needs to be healed

Mercury – how we communicate

Uranus – innovation; how we deal with unexpected, sudden change

Jupiter – how we define abundance

Pleiadian-Earth Energy Astrology offers guidelines for dealing with challenges that arise during retrogrades by paying attention to the other energies that are present, guiding and supporting us.

As September begins, Pluto, already retrograde, moves back into Capricorn for a one final time before settling into Aquarius on **19 November**. Saturn, Neptune, Chiron and Uranus are also all retrograde, and it seems all of these planetary influences are encouraging us to slow down. In the Pleiadian-Earth Energy system, September begins with the last two days of the 13-day period of **Being Energy** which helps us to remember to slow down during these retrogrades and remember that we can start again at any moment.

A new 13-day period of **Healing Energy** begins on **3 September, lasting until 15 September**. Pluto, Saturn, Neptune, Chiron and Uranus are all still retrograde. This period provides energetic support for previous reckless or selfish behaviours, giving us an opening for collective healing. One aspect of correctly using **Healing Energy** is to learn not to ignore our personal responsibilities or to accept too many responsibilities that are not ours. Our currently retrograde planets are calling us to go inward to see what we need to heal.

16-28 September is the 13-day period of **Remembering Energy**, a peaceful period with the same retrogrades in Pluto, Saturn, Neptune, Chiron, and Uranus. We can use this time to ponder better foundations, find creative solutions to old problems, and heal from old dysfunctional patterns of behaviour. One of the key things to consider in **Remembering**

Energy is if we are cooperating well with others or if we may be overly compromising just to keep the peace. With all the retrograde energy of this 13-day period, we can choose to evaluate when and how we are overly compensating or when and how we are failing to cooperate. A balance of give and take is helpful during this period.

29 September-11 October is the 13-day period of **Enlightening Energy**, supporting our ability to make choices from an enlightened perspective with our hearts leading our minds. On **9 October** Jupiter joins retrograde planets Saturn, Neptune, Chiron, Uranus, and Pluto, bringing the strong influence of six planets telling us to go inward and reflect on our lives. If we find ourselves overwhelmed during the 13-days of **Enlightening Energy**, we may catch ourselves disappearing into idyllic daydreams rather than taking positive actions in our lives. If we utilise **Enlightening Energy's** gifts, we can find opportunities for evolutionary progress. Remember to rely upon the heart rather than the mind during this intense time.

12-24 October is the 13-day period of **Exploring Energy**. Pluto goes direct on the first day of this period. However, retrograde planets Saturn, Neptune, Chiron, Uranus and Jupiter continue to insist that we reflect on various aspects of our lives. **Exploring Energy** supports that reflection and encourages us to harmonise opposite points of view, which can cause a movement towards unity rather than the separation we usually experience in duality. We can implement new guidelines for living together collectively in a more conscious way if we take advantage of this energy to explore alternate possibilities.

We close out the month beginning on **25 October** in the wonderful energy of **Transcending**. While the same five planets are still retrograde, **Transcending Energy** supports our rising above challenging circumstances through discarding all hesitation and taking steps to transcend all limited ideas and paradigms, as well as our individual differences. We are reminded once again throughout this period to transcend all things that no longer work for us.

In Part 2 (Nov-Dec 2024 *Journal*) of this article I will outline how we can best manage retrograde energies.

For more about Pleiadian-Earth Energy Astrology visit laarkmaa.com which includes explanatory articles, interviews and books by Pia Orleane and Cullen Baird Smith. It also has a contact form.